



cara price

SWEET COCONUT MILK

INGREDIENTS

- 1 can full fat coconut milk
- 1 can purified water
- 8 large medjool dates, pitted
- 2 teaspoons cinnamon {optional}
- 1 teaspoon vanilla

DIRECTIONS

place all ingredients in a blender & blend on high 60 seconds or until dates have been fully emulsified & the milk is smooth.

store in a glass container for up to a week.