



*cara price*

# LEMON CRANBERRY MUFFINS

## INGREDIENTS

### dry ingredients

- 1 cup almond flour
- 1/2 cup maple sugar
- 1/4 cup coconut flour
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1/3 cup dried cranberries (no sugar added)
- zest from one lemon

### wet ingredients

- 1/4 cup avocado oil
- 1/4 cup lemon juice
- 2 eggs

## DIRECTIONS

preheat the oven to 350° and line a muffin pan with paper baking cups.

in a medium size bowl combine all of the dry ingredients except the dried cranberries.

in a separate small bowl whisk together avocado oil, lemon juice & eggs.

add the liquid to the flour mixture & whisk well. fold in the dried cranberries.

equally divide the batter among 10 standard size muffin cups & bake 14-17 minutes until a wooden toothpick comes out clean.