



cara price

CHOCOLATE CHIP PROTEIN ENERGY BALLS

INGREDIENTS

- 12-15 large pitted dates
- 1/2 cup whole almonds
- 1/3 cup almond butter
- 3 tablespoons dark chocolate chips
- 2 tablespoons water
- 1 tablespoon chia seeds
- 1 teaspoon vanilla extract
- 1/2 teaspoon salt
- 3 scoops unflavored vital proteins

DIRECTIONS

place the date & almonds in a food processor until chopped into a crumbly mixture. {this takes a quick minute...you want it small but not to where it turns into a paste like substance}

add in the almond butter, chia seeds, water, protein powder, vanilla & salt. process until all the ingredients are mixed well. add in the chocolate chips & pulse just until mixed in.

using a small cookie scoop, scoop out "dough" onto parchment paper lined cookie sheet. roll into balls.

store in refrigerator for up to 5 days.